TOPICS 2026

SPEECH (English and Arabic)
Preliminary – Wellness is the new Pill to manage Illness
Final – Precision Medicine is the Mantra for future Healthcare

DEBATE

FINAL – It is resolved that healthcare systems focus on illness, not on wellness

Preliminaries
- It is resolved that wearable technology does more harm than good
- It is resolved that schools, not healthcare facilities, are the frontline of future healthcare
- It is resolved that modern medicine had made us dependent on healthcare systems
- It is resolved that parents should be held legally accountable for their child's obesity
- It is resolved that social media is doing more harm than good to health care

SHORT FILMS (ENGLISH & ARABIC)
Beyond Prescription – redefining Healthcare from Illness to Wellness

MEDZAP
1. Your Lifestyle is your best Medication
2. Dr Social Media
3. Fake Lifestyles, Rented Luxury
4. The New Wellness Anxiety
5. Be Kind to your Mind
6. The Vape Truth: What's inside your Lungs